

ANTHROPIC

About this course

You've probably tried AI—maybe to help with an essay, solve a problem, or just explore what it can do. But there's a difference between using AI and being fluent with it. This course teaches students how to collaborate with AI effectively, efficiently, ethically, and safely across learning and career contexts.

Rather than focusing on shortcuts or prompt tricks, this course develops lasting skills through the 4D Framework (Delegation, Description, Discernment, and Diligence). Students learn to use AI as a thinking partner that enhances their learning and career development rather than replacing their own critical thinking and creativity.

Through practical applications in academic work and career planning, students discover how to leverage AI to understand concepts more deeply, develop professional skills, and prepare for a future where AI Fluency is essential. The course emphasizes being "the human in the loop"—maintaining agency, judgment, and responsibility while working thoughtfully with AI systems.

This course is the result of a long partnership between Anthropic and professors Rick Dakan from Ringling College of Art and Design and Joseph Feller from University College Cork. It addresses the fundamental question students face: how can I use AI to genuinely enhance my learning and career success without compromising my own growth and integrity?

The work was supported in part by the Higher Education Authority (Ireland) through the National Forum for the Enhancement of Teaching and Learning.

Recommended prerequisites

This course lightly covers the foundational AI Fluency concepts. However, for deeper understanding, participants should complete AI Fluency: Framework & Foundations before beginning this student-focused curriculum.

It is also recommended that learners have access to an AI chat tool for hands-on practice. Examples in this course will use [Claude.ai](#), but any chatbot will work.